

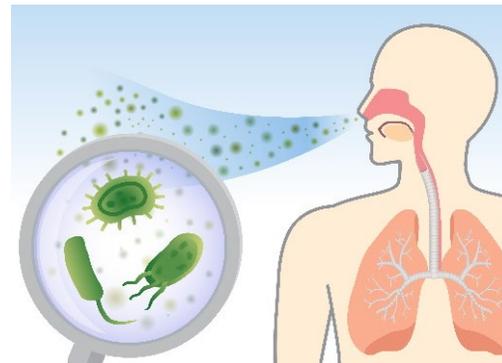
HEPA Air Purifiers

There are small particles in the air we breathe.

Even more particles are in rugs, bedding, drapes and furniture.

Using a HEPA (High Efficiency Particulate Air) filter in your home can **remove most particles in the air (airborne) that may make allergies worse.**

It is also important to get rid of the source of allergens and irritants. For example, the only way to keep tobacco smoke out of your home is to not smoke.



How a HEPA Filter Works

A HEPA filter uses a fine mesh to clean the air,

- The filter traps harmful particles such as pet dander, pollen, dust mites, and tobacco smoke.
- The best room for the filter unit is the one where you spend most of your time, like a bedroom or living room.
- HEPA filter air purifiers are small and light weight. They can stand on the floor or a table.



Some Kinds of HEPA filters

- **Germ Guardian HEPA air purifiers.** Buy online or at most large stores like Target, Walmart, Lowe's, Best Buy, Costco and Amazon. 80 to 500 dollars.
- **Honeywell HEPA air purifiers.** Buy online or at large stores. 100 to 260 dollars.
- **Make your own air purifier.** Instructions on this website. Supplies cost 40 to 100 dollars. https://www.filtrete.com/3M/en_US/filtrete/home-tips/full-story/~/how-to-make-a-diy-air-purifier/?storyid=e1cfeb36-75fe-4ac9-8727-37e911234ce4

Online Resources

- <http://www.webmd.com/allergies/hepa-filters-for-allergies>
- <https://www.consumerreports.org/cro/air-purifiers/buying-guide>
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