

Using Your Respimat® Inhaler

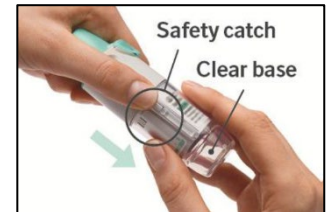
Important steps to prepare your inhaler

There are things you need to do to make sure the Respimat® inhaler is ready to use. You will also need to do this each time you get a refill of your prescription.

1. Remove all the inhaler parts from the packaging.
2. Keep the colored cap closed on the plastic piece.
3. Press the safety catch while pulling off the clear base with your other hand.

(Be careful not to touch the part that will pierce the cartridge.)

4. Insert the narrow end of the cartridge into the inhaler.
5. Place the inhaler on a firm surface with the cartridge end on the bottom, and push down firmly on the colored cap until it clicks into place.
6. Put the clear base back on. Make sure you hear it click.



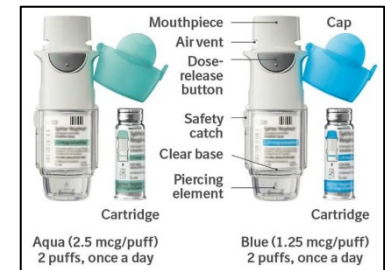
7. Do not remove the clear base or the cartridge after it has been put together.
8. Keep the cap closed. Turn the clear base in the direction of the arrows on the label until it clicks.



9. Open the cap until it snaps fully open.
10. Point the mouthpiece toward the ground.
11. Press the dose-release button.
12. If you do not see a mist, repeat steps 8 to 12 until a mist is seen.



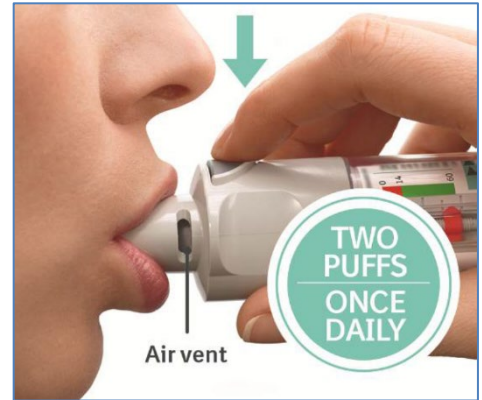
13. After a mist is seen, repeat steps 8 to 12 three more times.
14. Close the cap. Your inhaler is ready to use.



Using Your Respimat® Inhaler

Follow these steps to correctly use your Respimat® inhaler

1. Keep the cap closed.
2. Turn the clear base in the direction of the arrows on the label until it clicks.
3. Open the cap until it snaps fully open.
4. Turn your head away from the inhaler and breathe out normally.
5. Place the mouthpiece inside your mouth behind the teeth and seal your lips around mouthpiece.
6. **Do not** cover the air vents on the mouthpiece with your lips.
7. Point the inhaler to the back of your throat.
8. Take a slow, deep breath through your mouth and **at the same time**, press the dose-release button and keep breathing in.
9. Hold your breath for 10 seconds.
10. Repeat steps 2 through 9 for a total of 2 puffs.
11. Close the cap until you use your inhaler again.



Cleaning instructions

1. Use a damp, clean tissue or cloth to clean the mouthpiece.
2. Use a damp, clean tissue or cloth to clean the metal part inside the mouthpiece.
3. Clean your inhaler one time a week.

Do not run out of medication

- Keep a watch on the number of doses left in your inhaler.
- **When you have used about half of the doses, call to get a refill.**
- When the dose indicator moves to the red area of the scale there is only 7 days of medicine left.
- When the dose indicator reaches the end of the red scale, your Respimat® is empty and will lock.



**For questions and resources, call 1 (833) 327-8462.
www.SouthSideKidsAsthma.org**