## Getting Your Inhaler Ready to Use

### Why you need to prime your inhaler

**Priming your inhaler gets your inhaler ready for you to use.**

You need to shake the inhaler and let out some of the medication before you use it for the first time.

### When to prime your inhaler

You need to prime your inhaler before you use it.

- Every time you get a new inhaler
- If the inhaler is **not used for more than 7 days**

### How to prime your inhaler

1. Shake the inhaler for 10 seconds.
2. Remove the cap from the mouth piece.
3. Spray the inhaler away from your face 4 times.

### Do not run out of medication

Keep a watch on the number of doses left in your inhaler. When you have used about half of the doses, call to get a refill.

**For questions and resources, call 1 (833) 327-8462.**

[www.SouthSideKidsAsthma.org](http://www.SouthSideKidsAsthma.org)