



## Getting Your Inhaler Ready to Use

### Why you need to prime your inhaler

#### Priming your inhaler gets your inhaler ready for you to use.

You need to shake the inhaler and let out some of the medication before you use it for the first time.



### When to prime your inhaler

You need to prime your inhaler before you use it.

- **Every time you get a new inhaler**
- If the inhaler is **not used for more than 7 days**

### How to prime your inhaler

1. Shake the inhaler for 10 seconds.
2. Remove the cap from the mouth piece.
3. Spray the inhaler away from your face 4 times.

### Do not run out of medication

Keep a watch on the number of doses left in your inhaler. When you have used about half of the doses, call to get a refill.

**For questions and resources, call 1 (833) 327-8462.**  
**[www.SouthSideKidsAsthma.org](http://www.SouthSideKidsAsthma.org)**