Taking Leukotriene (Leu-ko-tri-ene) Modifiers for Asthma

Long Term Controller Medication

**Leukotrienes:** Are things in the body that cause asthma symptoms.

**Leukotriene Modifiers:** Medication taken to improve asthma symptoms by blocking Leukotrienes.

Some leukotriene modifier medications include Accolate and Singulair.

### Take Leukotriene Modifiers

- By mouth
- Every day
- Only as your doctor prescribes

### Possible Side Effects

- Feeling tired
- Rash
- Stomach pain
- Fever
- Heartburn
- Feeling dizzy
- Headache
- Change in behavior

**Do not use leukotriene modifiers to treat an asthma attack.**

**Do not run out of medication**

- Keep a watch on the number of doses left in your medication.
- When you have used about half of the doses, call to get a refill.

**For questions and resources, call 1 (833) 327-8462.**

www.SouthSideKidsAsthma.org

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This document is only to give information. Talk to your doctor about treatment for you.

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