

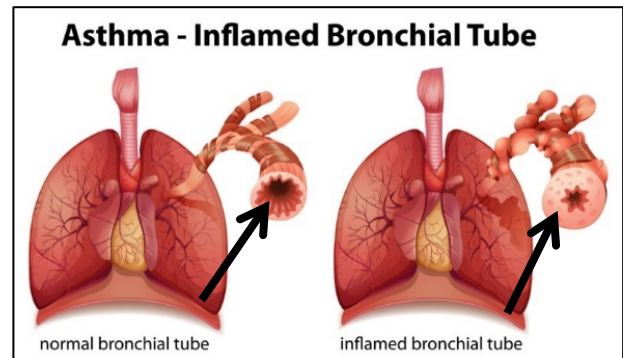
Taking Leukotriene (Leu-ko-tri-ene) Modifiers for Asthma

Long Term Controller Medication

Leukotrienes: Are things in the body that cause asthma symptoms.

Leukotriene Modifiers: Medication taken to improve asthma symptoms by blocking Leukotrienes.

Some leukotriene modifier medications include Accolate and Singulair.



Take Leukotriene Modifiers

- By mouth
- Every day
- Only as your doctor prescribes

Possible Side Effects

- Feeling tired
- Rash
- Stomach pain
- Fever
- Heartburn
- Feeling dizzy
- Headache
- Change in behavior

Do not use leukotriene modifiers to treat an asthma attack.

Do not run out of medication

- Keep a watch on the number of doses left in your medication.
- **When you have used about half of the doses, call to get a refill.**

**For questions and resources, call 1 (833) 327-8462.
www.SouthSideKidsAsthma.org**